

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Breakfast	French Toast Breakfast Meat of Choice Seasonal Fruit Hot or Cold Cereal Choice of Juice Milk Coffee / Tea / Decaf	Scrambled Eggs with Cream Cheese Toast Seasonal Fruit Hot or Cold Cereal Choice of Juice Milk Coffee / Tea / Decaf	Banana Pancakes Breakfast Meat of Choice Seasonal Fruit Hot or Cold Cereal Choice of Juice Milk Coffee / Tea / Decaf	Breakfast Bagel Sandwich Seasonal Fruit Hot or Cold Cereal Choice of Juice Milk Coffee / Tea / Decaf	Western Omelet Toast Seasonal Fruit Hot or Cold Cereal Choice of Juice Milk Coffee / Tea / Decaf	Belgian Waffle with Strawberry Topping Breakfast Meat of Choice Seasonal Fruit Hot or Cold Cereal Choice of Juice Milk Coffee / Tea / Decaf	Choice of Egg Toast Hash Browns Au Gratin Seasonal Fruit Hot or Cold Cereal Choice of Juice Milk Coffee / Tea / Decaf
Lunch	Roast Beef Au Jus Creamy Potato Casserole Broccoli Spears Bread or Roll with Butter or Margarine <i>Fettuccine Alfredo</i> <i>Broccoli Spears</i> <i>Bread or Roll with Butter or Margarine</i>	Herb and Honey Glazed Chicken Mashed Potatoes Peas and Carrots Bread or Roll with Butter or Margarine <i>Homestyle Meat Loaf</i> <i>Mashed Potatoes</i> <i>Peas and Carrots</i> <i>Bread or Roll with Butter or Margarine</i>	Brown Sugar Baked Ham Cornbread Dressing Green Bean Casserole Bread or Roll with Butter or Margarine <i>Turkey and Dressing Casserole</i> <i>Buttered Green Beans</i> <i>Bread or Roll with Butter or Margarine</i>	Ravioli Bake Roasted Fresh Cauliflower Breadstick with Butter or Margarine **CHEFS SPECIAL MEAL**	Braised Beef Tips Rice Pilaf Zucchini and Yellow Squash Bread or Roll with Butter or Margarine <i>Garlic Roasted Chicken</i> <i>Rice Pilaf</i> <i>Zucchini and Yellow Squash</i> <i>Bread or Roll with Butter or Margarine</i>	Walnut and Panko Crispy Fish Fillet Red Bliss Potatoes Parslied Baby Carrots Bread or Roll with Butter or Margarine <i>Pot Roast</i> <i>Red Bliss Potatoes</i> <i>Parslied Baby Carrots</i> <i>Bread or Roll with Butter or Margarine</i>	Citrus Turkey Breast Fresh Sweet Potato Bake Seasoned Brussels Sprouts Bread or Roll with Butter or Margarine <i>Seafood Newburg</i> <i>Seasoned Brussels Sprouts</i>
	Chocolate Cream Pie Choice of Beverage	Pistachio Pudding Cake Choice of Beverage	Cherry Cobbler Choice of Beverage	Vanilla Butter Cake Choice of Beverage	Lemon Pudding with Whip Topping Choice of Beverage	Tropical Fruit Salad Choice of Beverage	Blueberry Streusel Cake Choice of Beverage
Dinner	Fillet of Fish with Lemon Butter Wild Rice Blend Sautéed Red Cabbage Bread or Roll with Butter or Margarine <i>Oven Fried Chicken and Slaw Sandwich</i> <i>Tater Tots</i>	Vegetable Pizza Tossed Salad with Dressing <i>Kielbasa with Mustard</i> <i>German Potato Salad</i> <i>Steamed Spinach</i> <i>Bread or Roll with Butter or Margarine</i>	Asian Beef with Broccoli Fried Rice Mini Egg Rolls <i>Duo Salad Plate</i> <i>Chicken Vegetable Soup</i> <i>Pasta Salad with Vegetables</i> <i>Bread or Roll with Butter or Margarine</i>	Chicken Tenders Dipping Sauce Steak Fries Creamy Cucumber Salad <i>Beef Chili</i> <i>Steak Fries</i> <i>Cornbread & Butter or Margarine</i>	Pork Cutlet with Mushroom Sauce Country Potatoes Savory Peas Bread or Roll with Butter or Margarine <i>Grilled Swiss and Tomato Sandwich</i> <i>Roasted Red Pepper Soup</i> <i>Green Pea and Red Onion Salad</i>	Tortilla Casserole with Black Beans Mexican Flag Garnish Plate Street Corn <i>Beet, Apple and Chicken Salad over Romaine</i> <i>Cream of Broccoli Soup</i> <i>Bread or Roll with Butter or Margarine</i>	Spaghetti with Meat Sauce Mixed Salad Greens with Dressing Garlic Bread <i>Ham and Cheese on Croissant</i> <i>Winter Lentil Soup</i> <i>Mixed Salad Greens with Dressing</i>
HS Snack	Snack of Choice Juice	Snack of Choice Juice	Snack of Choice Juice	Snack of Choice Juice	Snack of Choice Juice	Snack of Choice Juice	Snack of Choice Juice

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Breakfast	Cinnamon Pancakes Breakfast Meat of Choice Fresh Seasonal Fruit Hot or Cold Cereal	Mushroom and Cheese Omelet Toast Fresh Seasonal Fruit Hot or Cold Cereal	Belgian Waffle Breakfast Meat of Choice Fresh Seasonal Fruit Hot or Cold Cereal	Egg and Ham Muffin Sandwich Fresh Seasonal Fruit Hot or Cold Cereal	Cheese and Egg Strata Toast Fresh Seasonal Fruit Hot or Cold Cereal	Zesty Orange French Toast Breakfast Meat of Choice Fresh Seasonal Fruit Hot or Cold Cereal	Farmers Market Hash with Egg Toast Fresh Seasonal Fruit Hot or Cold Cereal
	<i>Resident's Choice of Egg Breakfast Meat of Choice Breakfast Potatoes Toast, Muffin, Or Pastry</i>	<i>Resident's Choice of Egg Breakfast Meat of Choice Breakfast Potatoes Toast, Muffin, Or Pastry</i>	<i>Resident's Choice of Egg Breakfast Meat of Choice Breakfast Potatoes Toast, Muffin, Or Pastry</i>	<i>Resident's Choice of Egg Breakfast Meat of Choice Breakfast Potatoes Toast, Muffin, Or Pastry</i>	<i>Resident's Choice of Egg Breakfast Meat of Choice Breakfast Potatoes Toast, Muffin, Or Pastry</i>	<i>Resident's Choice of Egg Breakfast Meat of Choice Breakfast Potatoes Toast, Muffin, Or Pastry</i>	<i>Resident's Choice of Egg Breakfast Meat of Choice Breakfast Potatoes Toast, Muffin, Or Pastry</i>
	Choice of Juice Milk Coffee / Tea / Decaf	Choice of Juice Milk Coffee / Tea / Decaf	Choice of Juice Milk Coffee / Tea / Decaf	Choice of Juice Milk Coffee / Tea / Decaf	Choice of Juice Milk Coffee / Tea / Decaf	Choice of Juice Milk Coffee / Tea / Decaf	Choice of Juice Milk Coffee / Tea / Decaf
Lunch	Soup du Jour Winter Citrus Salad with Arugula	Soup du Jour Chickpea Salad	Soup du Jour Chopped Kale Salad with Dressing	Soup du Jour Edamame and Asiago Salad	Soup du Jour Tangy Cucumber and Red Grape Salad	Soup du Jour Couscous Salad with Vegetables	Soup du Jour Feta Cranberry Lentil Salad
	Petite Beef Tenderloin Onion Souffle Seasoned Fresh Brussels Sprouts Choice of Bread & Butter or Margarine	Vegetable Lasagna Garden Salad with Dressing Garlic Bread	Brown Sugar Glazed Meat Loaf Yukon Gold Mashed Potatoes Savory Peas Choice of Bread & Butter or Margarine	Chicken Fricassee Herb Buttered Pasta Sautéed Baby Bok Choy Choice of Bread & Butter or Margarine	Braised Turkey Breast with Potatoes Roasted Broccoli Choice of Bread & Butter or Margarine	Pub Style Fish & Chips Creamy Coleslaw	Baked Ham with Cider Glaze Baked Sweet Potato Seasoned Collard Greens Choice of Bread & Butter or Margarine
	<i>Cod En Papillote Lemon Risotto Choice of Bread & Butter or Margarine</i>	<i>Pork Chop with Apple Chutney Rissolle Potatoes Broccolini Choice of Bread & Butter or Margarine</i>	**CHEFS SPECIAL MEAL**	<i>Roast Beef Au Jus Seasoned New Potatoes Parslied Fresh Baby Carrots Choice of Bread & Butter or Margarine</i>	<i>Flounder with Chive Butter Baked Spaghetti Squash Creamed Spinach Choice of Bread & Butter or Margarine</i>	<i>Stuffed Chicken Roulade Potatoes Anna Haricot Verts and Onions Choice of Bread & Butter or Margarine</i>	<i>Vegetable Lo Mein with Crispy Tofu Fortune Cookies</i>
New York Style Cheesecake Choice of Beverage	Cannoli Choice of Beverage	Coconut Lime Cake Choice of Beverage	Mango Cobbler Choice of Beverage	Pumpkin Spice Blondie Choice of Beverage	Cherry Pineapple Cake Choice of Beverage	Whipped Yogurt and Fruit Parfait Choice of Beverage	
Dinner	Beer Cheese Soup Salad of the Day	Sweet Potato Bisque Salad of the Day	Tortilla Soup Salad of the Day	Butternut Squash Soup Salad of the Day	Zuppa Toscana Salad of the Day	Classic French Onion Soup Salad of the Day	White Bean Soup Salad of the Day
	Polish Sausage with Peppers and Onions Oven Browned Potatoes Choice of Bread & Butter or Margarine	Panko Crusted Chicken with Mustard and Thyme Three Cheese Orzo Sautéed Zucchini with Onions Choice of Bread & Butter or Margarine	Shrimp Enchiladas with Jalapeno Cream Sauce Cilantro Rice Cantina Corn	Savory Roasted Pork Loin Lentils and Vegetables French Cut Green Beans Choice of Bread & Butter or Margarine	Pasta Alla Vodka Caesar Salad Breadstick with Butter or Margarine	Beef Curry Basmati Rice Tandoori Cauliflower Naan Bread & Butter or Margarine	Turkey Divan with Mornay Sauce Bread Stuffing Choice of Bread & Butter or Margarine
	<i>Grilled Chicken Club Sandwich Macaroni Salad</i>	<i>Teriyaki Beef and Peach Salad Choice of Bread & Butter or Margarine</i>	<i>Portobello Florentine Baguette Marinated Tomatoes and Onions</i>	<i>Feta Salmon Salad Choice of Bread & Butter or Margarine</i>	<i>Black Russian Sandwich Pickled Spear Dilled Potato Salad</i>	<i>BLT Salad Choice of Bread & Butter or Margarine</i>	<i>Italian Steak Sandwich Parmesan Potato Wedges</i>
	Ginger Molasses Bar Milk Coffee / Tea / Decaf	Chocolate Cream Pie Milk Coffee / Tea / Decaf	Dulce de Leche Crepe Milk Coffee / Tea / Decaf	Cappuccino Mousse Milk Coffee / Tea / Decaf	Baked Fresh Pears with Raspberry Sauce Milk Coffee / Tea / Decaf	Apple Pie Milk Coffee / Tea / Decaf	Banana Chocolate Chip Crumb Cake Milk Coffee / Tea / Decaf
HS Snack Snack of Choice Juice	Snack of Choice Juice	Snack of Choice Juice	Snack of Choice Juice	Snack of Choice Juice	Snack of Choice Juice	Snack of Choice Juice	